

## **RECREATION FOR THE WHOLE FAMILY!**



- A member based organization that seeks to create a welcoming environment
- They offer a variety of recreational and fitness programming including swimming, full exercise gym, group classes, private training or lessons, indoor and outdoor playgrounds, sauna, hot tub
- Child watch is available while you are there
- Kid's camps and child care

## Access & Added Support

## To Get Started:

- **1**. Check out the YMCA website at and explore opportunities available to you.
- **2.** Contact the BayView YMCA Inclusion Point of Contact to discuss options.
- **3**. Explore accessibility options for your engagement at BayView Y programs and sign up today!





We are proud to be making inclusion happen! BayView YMCA is a Rochester Accessible Adventures (RAA) Inclusion Partner and has committed to building a culture of inclusion and accessibility throughout their business operations. For further support, ask about RAA's Canal/Community Pals Program in select locations. Scan the QR code or go to RochesterAccessibleAdventures.org for info.

