



EASTSIDE YMCA

RECREATION FOR THE WHOLE FAMILY!



What is the Eastside YMCA?

- A member based organization that seeks to create a welcoming environment
- They offer a variety of recreational and fitness programming including swimming, full exercise gym, group classes, private training or lessons, indoor and outdoor playgrounds, sauna, hot tub
- Child watch is available while you are there
- Kid's camps and child care



Access & Added Support

To Get Started:

1. Check out the YMCA website at <https://rochesterymca.org/locations/eastside-family-ymca> and explore opportunities available to you.
2. Contact the Eastside YMCA Inclusion Point of Contact to discuss options that may work for you and your family!
3. The Inclusion Point of Contact can assist you in exploring accessibility options for your positive engagement at Eastside Y programs.

Inclusion Partner
with



We are proud to be making inclusion happen!

Eastside YMCA is a Rochester Accessible Adventures (RAA) Inclusion Partner and has committed to building a culture of inclusion and accessibility throughout their business operations. Scan the QR code or go to RochesterAccessibleAdventures.org for info.



CONTACT US

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585-341-4000 or
RochesterYMCA.org