



# GENESEE VALLEY AUDUBON SOCIETY



## Why Birding?

- Birding is an activity that may be done in a variety of settings: a trail, edge of the woods, along the shoreline, your yard, from your car, and your home window.
- There are many accessible options and supports: monoculars, viewing mounts, viewing platforms with ramp access, & more.
- Birding uses one or more of your senses from listening to calls or identifying birds by sight.
- GVAS has many birding walks that are accessible to people using mobility devices.

## Access & Added Support

### To Get Started:

1. Contact the GVAS accessibility coordinator Loretta at [loretta.morrell.gvas@gmail.com](mailto:loretta.morrell.gvas@gmail.com) to explore walks and tools that will work for your needs.
2. Join GVAS on one of those walks and discover the world of birding.
3. Continue birding with their group and/or discover other venues through [Birdability.com](http://Birdability.com).

**Come out and explore Nature! You are encouraged to bring a family member or friend with you and experience birding together!**



**Inclusion  
Partner**  
with



**We are proud to be  
making Inclusion  
happen!**

**Genesee Valley Audubon Society** is a Rochester Accessible Adventures (RAA) Inclusion Partner and has committed to building a culture of inclusion and accessibility throughout their business operations. For further support, ask about RAA's Canal/Community Pals Program in select locations. Go to [RochesterAccessibleAdventures.org](http://RochesterAccessibleAdventures.org) or scan the QR code for information.



**CONTACT US**

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