



Captain LJ's Tomboy Adventure



About Captain LJ's

Captain LJ's Tomboy Adventures offers a variety of outdoor adventures including kayaking, snowshoeing, historical hikes and more! Captain LJ has a wealth of knowledge of the canal and is adept in facilitating adventures that enrich one's enjoyment of the Canal Corridor.

Captain LJ will help match you to adaptive kayak equipment that makes transfers and paddling easier. Supportive seatbacks, paddle pedestals to rest the paddle, and outrigger supports as needed.

Captain LJ is a participant in the On The Canals Accessibility Education Program through NYPA/NYS Canal Corporation.



Access and Added Support

To Get Started:

1. Check out the Captain LJ's website at www.CaptLJ.com and explore great opportunities including *free* On The Canals programs.
2. Contact the Captain LJ's Inclusion Point of Contact and owner LJ Fisher at CaptLJ@CaptLJ.com or (585) 269-8125 and she will happily discuss options that may work for you and your family!

Join Capt LJ's group excursions for a ton of inclusive fun!

Captain LJ's Tomboy Adventures is a Rochester Accessible Adventures (RAA) Inclusion Partner and has committed to building a culture of inclusion and accessibility throughout their business operations. Check out possible support from RAA's CanalPals, available in some locations. Scan the QR code or go to RochesterAccessibleAdventures.org for info and discover more inclusive adventures!

**Inclusion
Partner**
with



We are proud to be
making inclusion
happen!



Scan Me

Contact Us

www.CaptLJ.com

585- 269-8125

CaptLJ@CaptLJ.com